

# HEALTHCARE AT THE DOORSTEP

Glimpses From the last mile



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Each MMU offers a wide range of medical interventions- treating hypertension and diabetes, addressing non-communicable diseases (NCDs), cancer screening and comprehensive RMNCH+A services. High-risk cases are referred to the nearest public health facility for further care.







Core Services: a-month regular primary health care services | Screening / Lab 7

Once-a-month regular primary health care services | Screening / Lab Tests | Treatment | Referrals | Patient Education | Data Capture on Electronic Medical Records | Creating Health Awareness









#### MOBILE MEDICAL UNITS (MMU) BRING CARE TO THE DOORSTEP IN RURAL MAHARASHTRA

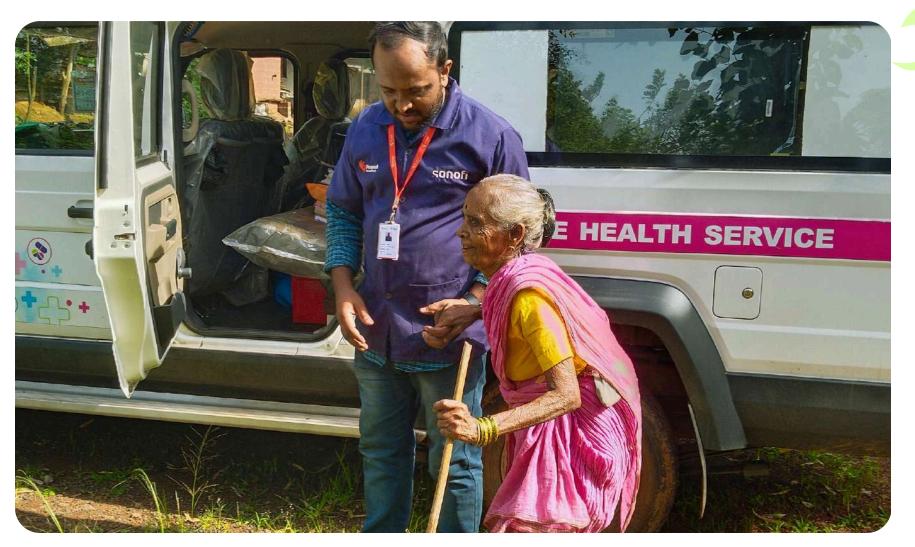
Anjani Amma is 70 years old and lives in Kokisare village, Sindhudurg district. For many years, she had been suffering from hypertension which requires regular medical attention and care. She lives alone in a hilly terrain and the closest hospital is nearly 5 km away at Vaibhavvadi. As local transport is unavailable, she had to walk long distances to access basic medical care.

One day she suddenly felt unwell and was struggling to walk to the health facility. Fortunately, she was supported by one of our MMUs – Sehat OK Please - which delivers quality healthcare at the doorstep. Equipped with trained medical staff, these MMUs provide a convergence of services at the grassroots.



I am so grateful for the MMU team. They saw me struggling and immediately offered to assist. They took me to their health camp where the nurses checked my vitals, provided free medication and showed me compassion. The MMU even dropped me all the way back home. They alleviated my loneliness and brought a smile to my face. I admire the dedication of the MMU team









## Sanjeevani

The Village Health Outreach Program Sanjeevani, a Government of Assam program, supervised by National Health Mission, Assam and operated by us, has enabled early identification of diseases, screening, referrals, follow-up and free medicines for effective chronic disease management.

All MMUs are equipped with telemedicine services for Hypertension and Diabetes. Each MMU has a Registration & Measurement Officer, Lab Technician, Pharmacist, General Nurse & Midwife and a Pilot.

Post the screening, beneficiaries are referred to the nearest Primary Heath Centre for confirmation, prescription and commencement of treatment.











All 80 MMUs together currently cover about 6.2 million rural population

3744 villages visited in 30 districts of Assam.

Since inception Sanjeevani has served over 10 million beneficiaries





### Bimla Debi's journey to good health

Bimla Debi lives with her grandson in a remote hamlet in Assam. She used to suffer from Hypertension and Diabetes which remained undiagnosed as there was no healthcare centre near her village. Today, both are under control and she is healthy and happy.

How did this happen? Because of Sanjeevani – the Village Health Outreach Program, a Government of Assam program supervised by National Health Mission, Assam and operated by us. Sanjeevani has enabled early identification of diseases, screening, referrals, follow-up and free medicines for effective chronic disease management.

Post the screening, beneficiaries are referred to the nearest Primary Heath Centre for confirmation, prescription and commencement of treatment.







### MMU's bring healthcare to flood-ravaged village in Assam

Our Sanjeevani MMU was operating in the flood-ravaged village of Hatibat in Tinsukia district. Due to heavy rainfall and rising water levels of the Dibru Saikhowa river, the approach road to the Hatibat Anganwadi Centre was completely inundated. This created panic among patients who needed medical aid. Our MMU had to ensure uninterrupted healthcare delivery despite the heavy flooding.

Accordingly, one of our vans set up a health camp to assist the beneficiaries who had braved the hostile conditions and were awaiting medical attention. Among them were 3 pregnant women for whom our MMU promptly conducted antenatal checks.

There were also patients with conjunctivitis who were given targeted attention at a safe distance from others. The MMU facilitated telemedicine check-ups and dispensed medicines, providing relief to the beneficiaries.



# Glimpses From The Field













